

20% Lactic Lightening Peel Protocol

Use: Best performed in a series of 4 – 6 peels spaced one week apart

Skin Conditions: Dry skin, or skin with hyperpigmentation or melasma

Approximate Cost per Treatment: \$4.09

Professional Peel



- 1. Cleanse once with Pomegranate Cleanser.
- 2. Cleanse a second time with Glycolic Cleanser.
- 3. Degrease with a Glycolic & Retinol Pad.
- 4. Apply a generous amount of 20% Lactic Lightening Peel with a fan brush or gauze. Leave on 5 7 minutes.
- 5. Remove and neutralize the peel with a baking soda/water solution (1 cup water and 1 teaspoon baking soda mixed in a bowl).
- 6. Protect with Sheer Protection SPF 30.

Note: Your client will experience microscopic or mild flaking for 3 – 4 days.

Suggested Home Care to Support this Treatment



Morning

- 1. Cleanse with Pomegranate Cleanser.
- Exfoliate with Retinol 2% Exfoliating Scrub (2 – 3 times per week).
- 3. Tone with Cucumber Toner.
- 4. Apply Citrus-C Nourishing Cream.
- 5. Apply Hydrating Moisturizer.
- 6. Apply Sheer Protection SPF 30.

Evening

- 1. Cleanse with Pomegranate Cleanser.
- 2. Tone with Cucumber Hydration Toner.
- 3. Apply Hydrating Moisturizer.

Products Needed for this Professional Peel



Pomegranate Cleanser Glycolic Cleanser Glycolic & Retinol Pads

20% Lactic Lightening Peel Sheer Protection SPF 30

Neutralization Solution (1 cup of water and 1 tsp baking soda mixed in a bowl)