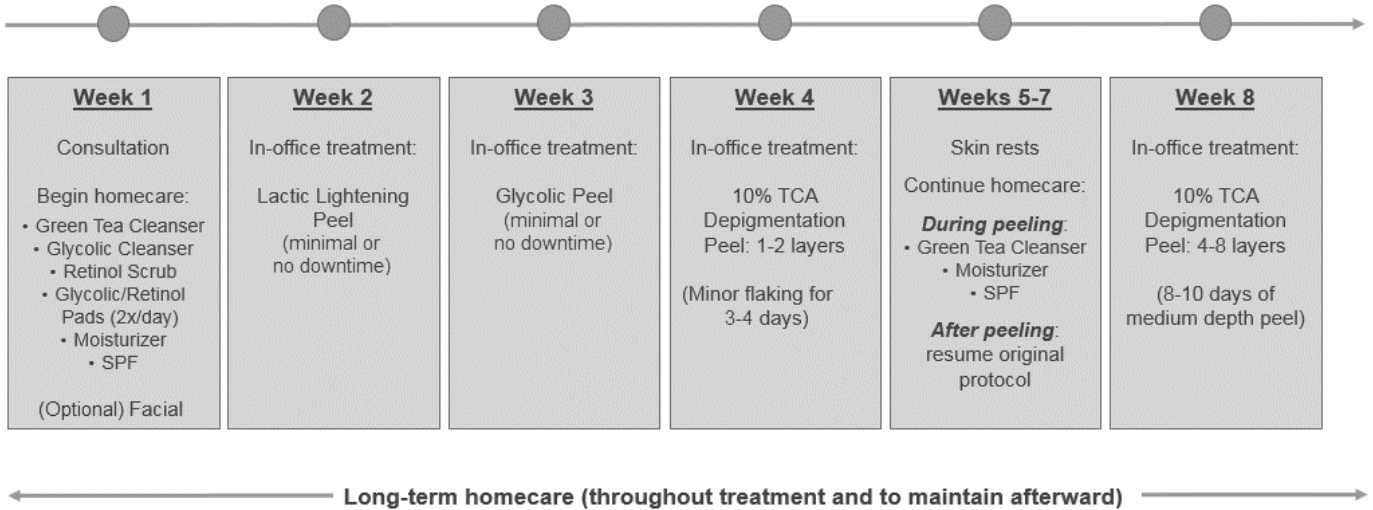


# 10% TCA Depigmentation Peel

## 8-Week Peel Protocol



The 10% TCA Depigmentation peel is designed for lifting pigmentation and melasma; it is also suitable for acne. This TCA has been buffered with the lightening ingredients of kojic acid, azelaic acid and arbutin. This is a mild, gentle TCA designed to be used in a 4-peel series over 8 weeks. This peel series is safe for all Fitzpatrick types 1- 6.

The series should be done in order and in a timely manner. The client must be on the Skin Script complete homecare regimen at least 1 week prior to the series and during the series. The Glycolic & Retinol Pads are the skin lightening product and should be used twice a day, directly on the pigmentation. Adjust the usage if needed.

The TCA has a tingle factor of approximately 2. This gentle TCA peel is self-neutralizing and takes about 8 hours to be metabolized by the skin. Your client will leave with this peel on their skin. Manage client expectations by establishing that they may not see visible peeling.

**Post Peel Care:** After the Lactic and Glycolic peels, the client may continue using all the homecare as long as there is no irritation. After the TCA peels, they can expect 3-4 days of flaking; only use the Green Tea Citrus Cleanser, Cacteen Balancing Moisturizer, Cucumber Hydration Toner and SPF. Once the skin has finished flaking, they may resume use of the Glycolic Cleanser, Retinol Scrub and Glycolic & Retinol Pads.

### Week One – Home Care

Start the client on Hyperpigmentation Kit aka Pre-Post Peel Kit, which will last the client 10 – 12 weeks. (It consists of Green Tea Citrus Cleanser, Glycolic Cleanser, Retinol Scrub, Glycolic & Retinol Pads, Cucumber Hydration Toner, Cacteen Balancing Moisturizer, and Sheer Protection SPF 30.)

### Week Two – Lactic Lightening Peel

**Approximate Cost per Treatment:** \$4.09

See page 49 for step-by-step protocol.

## 10% TCA Depigmentation Peel

### **Week Three – Glycolic Peel**

**Approximate Cost per Treatment:** \$3.41

See page 53 for step-by-step protocol.

### **Week Four – TCA Peel**

**Approximate Cost per Treatment:** \$5.64

1. Cleanse once with Green Tea Citrus Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Degrease with a Glycolic & Retinol Pad.
4. Apply 10% TCA Depigmentation Peel with gauze.
5. Wait 5 minutes and apply another layer.
6. DO NOT REMOVE. Have your client remove this at bedtime with the Green Tea Citrus Cleanser. Wear at least 8 hours.
7. Protect with Sheer Protection SPF 30.

### **Week Eight – TCA Peel**

**Approximate Cost per Treatment:** \$9.25

1. Cleanse once with Green Tea Citrus Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Degrease with a Glycolic & Retinol Pad.
4. Apply 10% TCA Depigmentation Peel with gauze.
5. Wait 5 minutes and apply another layer. Apply up to 8 layers.
6. DO NOT REMOVE. Have your client remove this at bedtime with the Green Tea Citrus Cleanser. Wear at least 8 hours.
7. Protect with Sheer Protection SPF 30.

### **Optional: Week Eight – Facial/Microdermabrasion/TCA Peel**

**Approximate Cost per Treatment:** \$11.66

1. Cleanse once with Green Tea Citrus Cleanser.
2. Cleanse a second time with Glycolic Cleanser.
3. Apply Lemon Zest Enzyme under steam for 7 – 10 minutes. (Add 1 teaspoon 10% TCA Depigmentation Peel to the enzyme.)
4. Remove with a warm barber towel or with cool aesthetic wipes.
5. *Optional:* Perform a microdermabrasion.
6. Apply 10% TCA Depigmentation Peel with gauze.
7. Wait 5 minutes and apply another layer. Apply up to 4 layers.
8. DO NOT REMOVE. Have your client remove this at bedtime with the Green Tea Citrus Cleanser. Wear at least 8 hours.
9. Protect with Sheer Protection SPF 30.