# Lemon Zest Enzyme

## Description



Professional Use Only. The Lemon Zest Enzyme exfoliates and brightens the skin with the antioxidant and brightening benefits of lemon. This product contains 8% arbutin, 6% lactic acid, 3% glycolic acid, and 2% kojic acid. It is designed for normal and dry skin with pigmentation. It promotes deep hydration that protects from environmental damage while relieving the surface signs of aging. Arbutin and kojic acid also provide extreme lightening capabilities.

Tingle factor: 2 – 3

- Antioxidant
- Anti-aging

pH: 1.91-2.31

- Brightens
- Exfoliates

# **Skin Types**



Normal to dry skin

Hyperpigmentation and melasma

Mature skin Sun damaged skin

### **Key Ingredients**



- **Citrus Medica Limonum (Lemon Zest)** is a natural enzyme to digest dead skin cells. Lemon also clarifies the skin, acts as a natural antioxidant, and lightens the skin.
- **L-Ascorbic Acid** is the chirally correct form of Vitamin C and the most effective for the skin to stimulate collagen production. L-Ascorbic Vitamin C is the only antioxidant that has been proven to increase collagen synthesis to maintain healthy skin.
- Alpha-Arbutin (8%) is a non-irritating skin brightener. It is a excellent alternative to hydroquinone.
- L-Lactic Acid (6%) is an alpha hydroxy acid working as an exfoliant, allowing dead skin cells to slough off and making room for regrowth of new skin. It improves wrinkling and roughness, and it softens the skin.
- **Glycolic Acid (3%)** weakens desmosomes, allowing dead skin cells to slough off to reveal healthier, smoother, brighter looking skin.
- **Kojic Acid (2%)** inhibits melanin production by inhibiting tyrosinase. It also provides gradual and continual skin brightening to relieve skin discolorations.
- Sugar Cane Extract is a natural AHA; gentle exfoliant.
- **Gluconic Acid (D)** provides gentle exfoliation, evens skin tone, antioxidant support and promotes electrolyte balance within the skin.
- Lycopene is a carotenoid, for antioxidant support.

# **Tips for Use**



- This enzyme will "wow" your clients.
- The product has a shelf life of 2 3 months. One 4oz jar provides approximately 16 treatments.
- When using this enzyme on clients with rosacea or melasma, you may not want to use steam.
- Advanced "power facial" protocol: Mix in 1/2tsp of 20% Lactic Peel to the enzyme for dry skin with pigmentation (can cause skin to be dry and flaky for 3-4 days).

# Lemon Zest Enzyme

### **Important Notes**



Avoid contact with eyes, and flush immediately if contact occurs. Always use sunscreen after using this product.

# Formula Composition



Aqua (Water) Citrus Limon (Lemon) Fruit Extract Alpha-Arbutin Hamamelis Virginiana (Witch Hazel) Water Lactic Acid (L) Glycerin Ascorbic Acid (L) Kojic Acid Glycolic Acid Gluconic Acid (D) Alcohol Alcohol Denat. Polyacrylate Crosspolymer-6 Xanthan Gum Gluconolactone Citrus Sinensis (Orange) Fruit Extract Sodium Benzoate Fragrance/Parfum Aspergillus/Molasses Ferment Filtrate Lycopene Citrus Nobilis (Red Mandarin Orange) Oil Potassium Chloride Citrus Limon (Lemon) Peel Oil Solanum Lycopersicum (Tomato) Fruit Lipids Trifolium Pratense (Red Clover) Flower Extract Citrus Aurantium Dulcis (Orange) Peel Oil

# **Lemon Zest Facial Protocol**

Skin Conditions: Anti-aging, normal to dry mature skin, hyperpigmentation, sun damage, melasma

Approximate Cost per Treatment: \$10.53

# **Professional Facial**



- 1. Cleanse once with Green Tea Citrus Cleanser.
- 2. Cleanse a second time with Glycolic Cleanser.
- 3. Apply Lemon Zest Enzyme under steam for 7-10 minutes. (If desired, mix in ½ teaspoon Lactic Lightening Peel for extra hydration and lightening capabilities.)
- 4. Remove with a warm steam towel or with cool aesthetic wipes.
- 5. Optional: Perform a microdermabrasion.
- 6. Perform extractions.
- 7. Layer Ageless Hydrating Serum and Citrus-C Nourishing Cream.
- 8. Apply Seaweed Mask or Goji Berry Yogurt Mask for 10 minutes and remove with warm steam towel.
- 9. Tone with Glycolic & Retinol Pads.
- 10. Moisturize with Açai Berry Moisturizer.
- 11. Protect with Sheer Protection SPF 30.

# Suggested Home Care to Support this Treatment



### Morning

- 1. Cleanse with Green Tea Citrus Cleanser.
- 2. Cleanse with Glycolic Cleanser (2 3 times per week).
- Exfoliate with Retinol 2% Exfoliating Scrub (2 – 3 times per week).
- 4. Apply Cucumber Hydration Toner.
- 5. Apply Açai Berry Moisturizer.
- 6. Apply Sheer Protection SPF 30.

### Evening

- 1. Cleanse with Green Tea Citrus Cleanser.
- 2. Exfoliate with Glycolic & Retinol Pads.
- 3. Apply Citrus-C Nourishing Cream.
- 4. Apply Açai Berry Moisturizer.

Products	Needed for	this Pr	ofessional	Facial	



Green Tea Citrus CleanserGlycolic CleanserLemon Zest Enzyme(Optional) Lactic Lightening Peel<br/>SerumCitrus-C Nourishing CreamAgeless HydratingSeaweed or Goji Berry Yogurt Mask<br/>Sheer Protection SPF 30Glycolic & Retinol PadsAçai Berry Moisturizer