

# Brighten and Balance Peel Protocol

**Skin Conditions:** Progressive Chemical Peel for normal, combination and oily skin types. Concerns with acne and discoloration.

## Professional Peel

---

1. First Cleanse with Pomegranate Antioxidant Cleanser or Green Tea Citrus Cleanser.
2. Second Cleanse with Honey Brightening Cleanser or Glycolic Cleanser.
3. Perform Skin Analysis.
4. Degrease the skin with a Glycolic & Retinol Pad using medium-firm pressure to remove surface oils and provide additional brightening benefits.
5. Occlude areas with petroleum jelly as needed such as the lips.
6. Apply a generous amount of the 20% Lactic Lightening Peel with fan brush or gauze over the face only. Leave on for up to 7 minutes. **DON'T LEAVE ON LONGER THAN 7 MINUTES.**
7. Completely remove and neutralize peel with Neutralization Solution (1 cup of water + 1 teaspoon of baking soda mixed in a bowl) with esthetic wipes.
8. Prepare skin for TCA application by occluding any areas with petroleum jelly to prevent peel penetration in areas not to be treated.
9. Apply one layer of 10% TCA Depigmentation Peel with gauze to the face only. Using firm, even pressure taking care not to overlap treated areas.
10. **DO NOT REMOVE THE PEEL.**
11. If performed in the AM; Protect with Sheer Protection SPF 30; warm a blueberry size amount in fingertips, evenly distribute over face and lightly press and pat into the skin until absorbed.
12. If performed in the PM; leave skin as is and have client leave peel on overnight.
13. Have client follow post-care instructions after 8 hours.

## Tips For Use

---

- Contraindications; recent sun exposure, pregnancy, breast feeding, certain topicals medications/antibiotics, Accutane, OTC and prescription retinoids, chronic illnesses. This list could be extensive, so please use your best judgment in selecting peel candidates.
- Prepare Fitzpatrick's 4-6 with tyrosinase inhibitors (Glycolic & Retinol Pads) for 1 – 2 weeks prior to use to avoid post-inflammatory hyperpigmentation.